



Latent Profiles of American and Ethnic-Racial Identity in Latinx Mothers and Adolescents: Links to Behavioural Practices and Cultural values



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Identity Processes in Latinx Communities

To understand the identity processes of Latinx mothers and their children, we need to consider their national identity as well as their ethnic-racial identity (ERI)

What is National Identity?

National identity is the part of a person's identity associated with their host country



What is ERI?

ERI is the part of a person's identity associated with their ethnic-racial group membership.

ERI is composed of many aspects but 2 main ones are **Racial Centrality** and **Private Regard**



Racial centrality refers to the importance a person gives to race in their personal identity

Private regard refers to the positive or negative feelings that a person has toward their own racial group

ERI development



ERI development is impacted by many factors such as the **internalization** of cultural values, the **participation** in culturally appropriate behaviours, **associations** with other Latinx peers, and the **influence** of the national identity

SO... WHAT IS THE STUDY ABOUT?

We want to know how
national and ethnic-racial
identity are related in Latinx
mothers and teens



How different patterns of
national and ethnic-racial
identity related to endorsement
of Latinx and American values
and cultural practices

How these patterns of identity
are related to messages
parents give around race &
ethnicity and family-based
values

THE STUDY

172 Latinx middle schoolers and their
mothers completed a set of
questionnaires



WHAT THE RESULTS SAY

Mom's American and ethnic-racial identity fell into 4 main groups.

Profiles for Moms

1 The High-Bicultural Identity Profile

44% of mothers reported High ERI and High American Identity. This is the largest and most common profile.

2 The Moderate-Bicultural-Identity Profile

30% of mothers reported moderate ERI and American identity.

3 The Enculturated Identity Profile

19% of mothers were average in ERI centrality and private regard, but low in American identity centrality and private regard.

4 The Assimilated-Identity Profile

6.8% of mothers who were slightly above average in American identity, but low in ERI centrality and private regard.

The majority of Latinx immigrant mothers integrate a sense of being American into their identities, regardless of the amount of time they have lived in the United States.

Youth Identity Profiles

1 High Bicultural-Identity Profile

47% of youth were high in ERI and American identity

2 Low Bicultural-Identity Profile

53% of youth were slightly low in ERI and American identity



Youth are largely **bicultural**, feeling connected to **both** their American and Latinx identities.

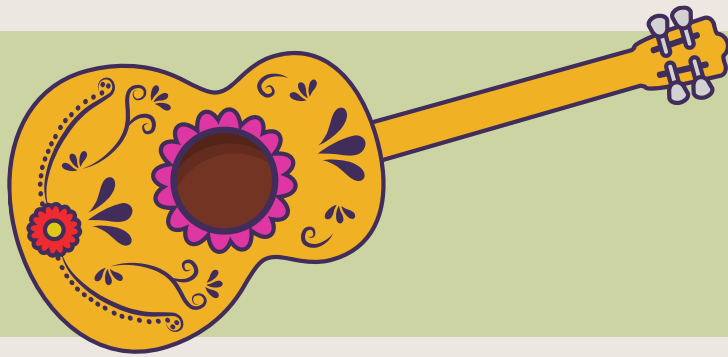
IMPLICATIONS

WHAT DOES THIS MEAN?



Interplay of identity and values

Latinx identity, American identity, and both American and Latinx cultural values and behaviors is important when planning and implementing **interventions**.



Resilience of Latinx families

Understanding the resilience of Latinx immigrant families in maintaining their values and integrating into American society is crucial to **resist racial inequalities**



Challenging Assumptions

Not all Latinx parents and youth have a large gap in their endorsement of an American identity and American cultural values and practices.



For more infographics from McGill's Cultural Developmental Science Lab, visit

<https://christophelab.owlstown.net/pages/2534-infographics>

